

Virtual & Technology Safety Solutions

for on-site and remote workers

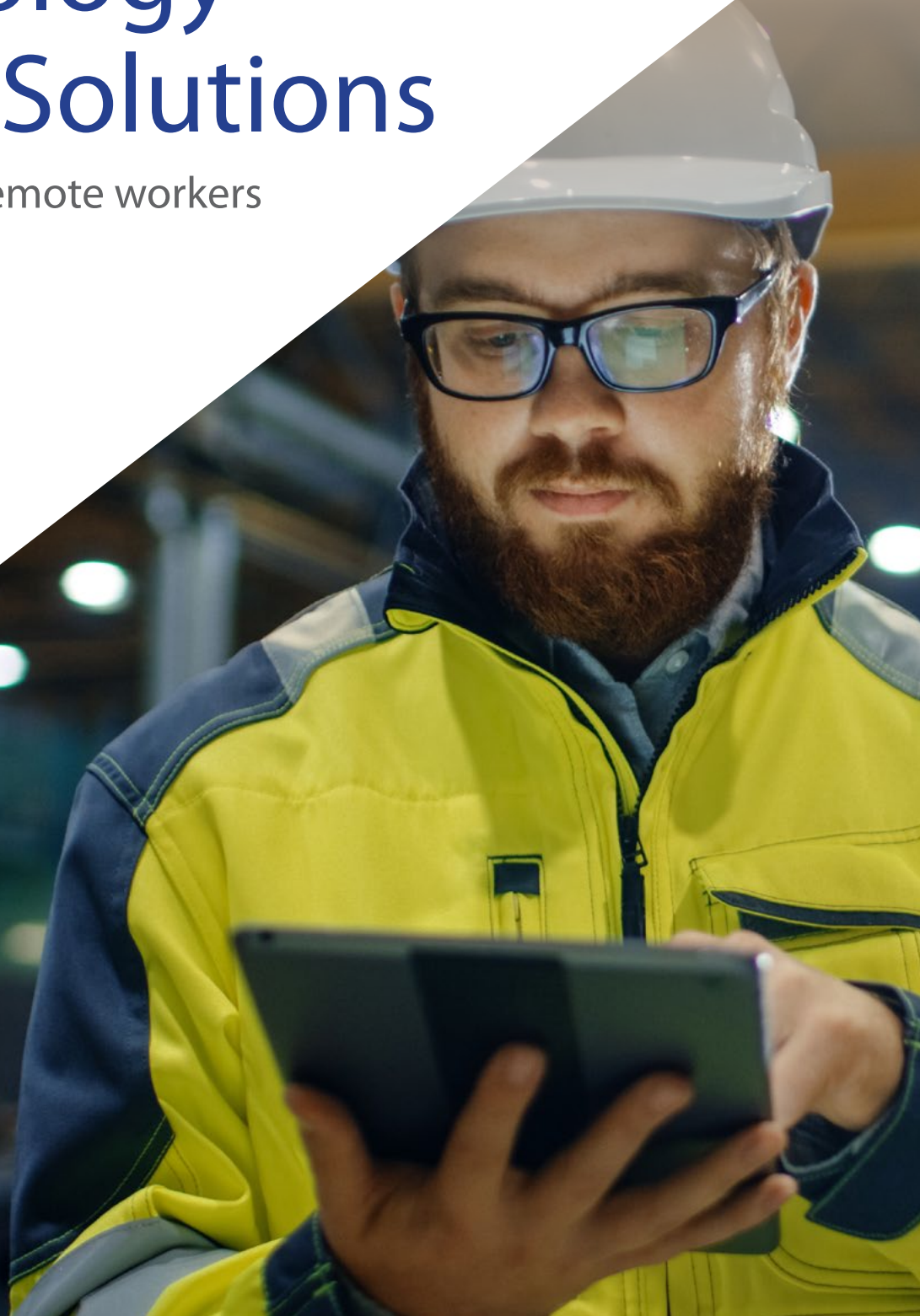


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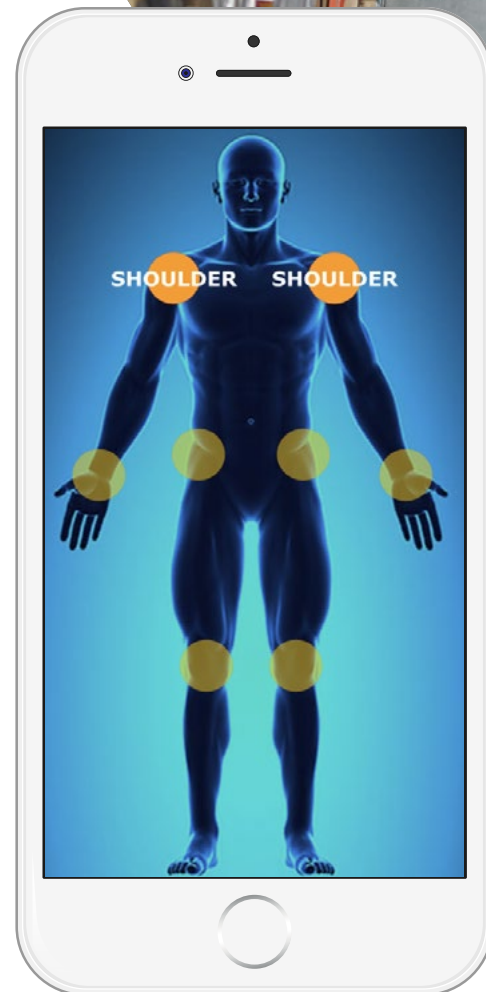
WORKPLACE SAFETY WITH MINIMAL INTRUSION

Many organizations are adapting their workforces to increasing levels of remote work, looking for technology that can support their on-site ergonomic needs and provide holistic support for the safety and health of their employees.

DORN Companies is excited to share an array of virtual safety solutions that target the same drivers of workplace injuries and high costs that businesses have sought to mitigate through on-site people-driven services.

Benefits of Virtual Safety Solutions:

- Avoid disruptions and danger that come with bringing non-employees on-site
- Provide a safe training environment that connects workers with expert ergonomists and safety specialists
- Reduce training costs and improve employee retention
- Live pre-shift mobility and conditioning routines with certified trainers
- Gather real-time data on employee alertness and exertion levels
- Reinforce ergonomic best practices for off-site employees



Our suite of virtual solutions can be customized to fit your operations, delivering rapid return-on-investment and helping cut injury rates among your employees, regardless of their work environment.

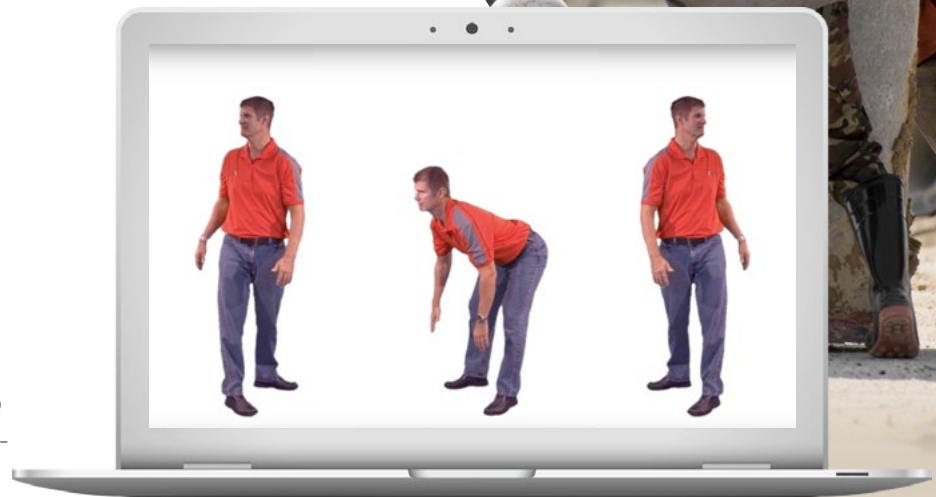
LIVE VIRTUAL MOBILITY & CONDITIONING TRAINING

Even when on-site training is not possible, DORN's team of certified trainers, ergonomists, and specialists is ready to help keep your employees safe and injury-free.

Our virtual mobility and conditioning program provides live training for groups of up to 20 employees in 30-45 minute sessions. A live training session designed for supervisors provides the tools for managers to identify risky employee behaviors, including corrective strategies and preventative techniques.

- Proven, effective training strategies to keep employees safe and healthy even when on-site coaching is not possible
- Video webinars are easy to set up and provide responsive guidance to front-line employees
- Specialized training for supervisors to help foster long-term safety and support for workers

Help your industrial athletes learn proper positioning for movements via virtual training sessions.



Live training for groups of up to 20 employees.

DORN ON-THE-GO APP

Putting your health at your fingertips

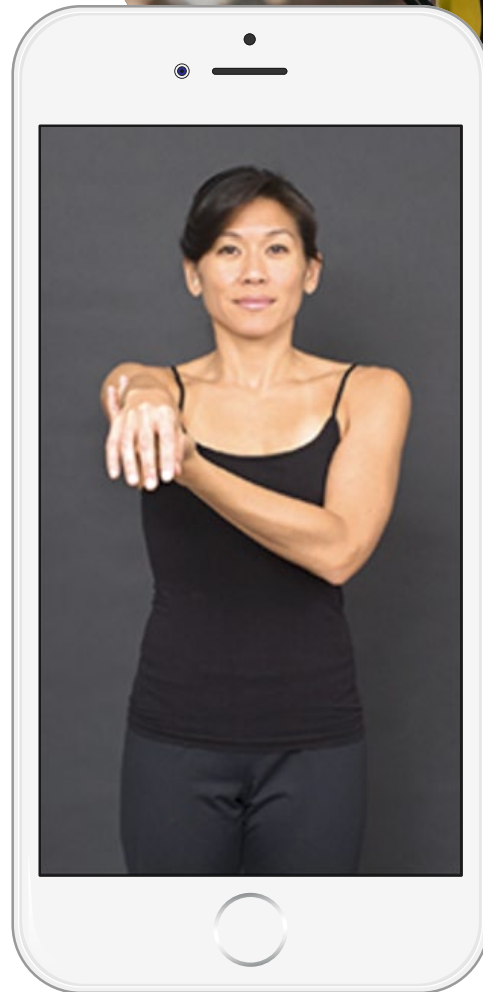
Whether your workforce is conducting operations in the field, from home, or on location at your facilities, the DORN On-the-Go app can help workers stay healthy through pre-shift conditioning and micro-break exercises.

Its comprehensive library of over 700 exercises provides targeted support based on each employee's or department's needs, offering self-care suggestions and ways to improve strength and conditioning from the comfort of home, during breaks, and on the road.

- Supports the muscle groups and body parts that are most affected by employees' job tasks
- Allows your DORN Provider or EHS leader to create and send specialized exercise plans aimed at each employee's risk areas
- Utilizes push notifications, reminders, and surveys to gauge improvements in strength and conditioning

24/7

Support your employees health and wellness 24/7 even when they are not at work.



Over 700 exercises to target every part of the body.

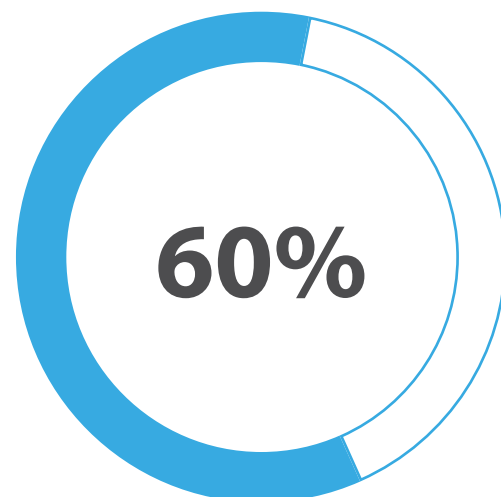
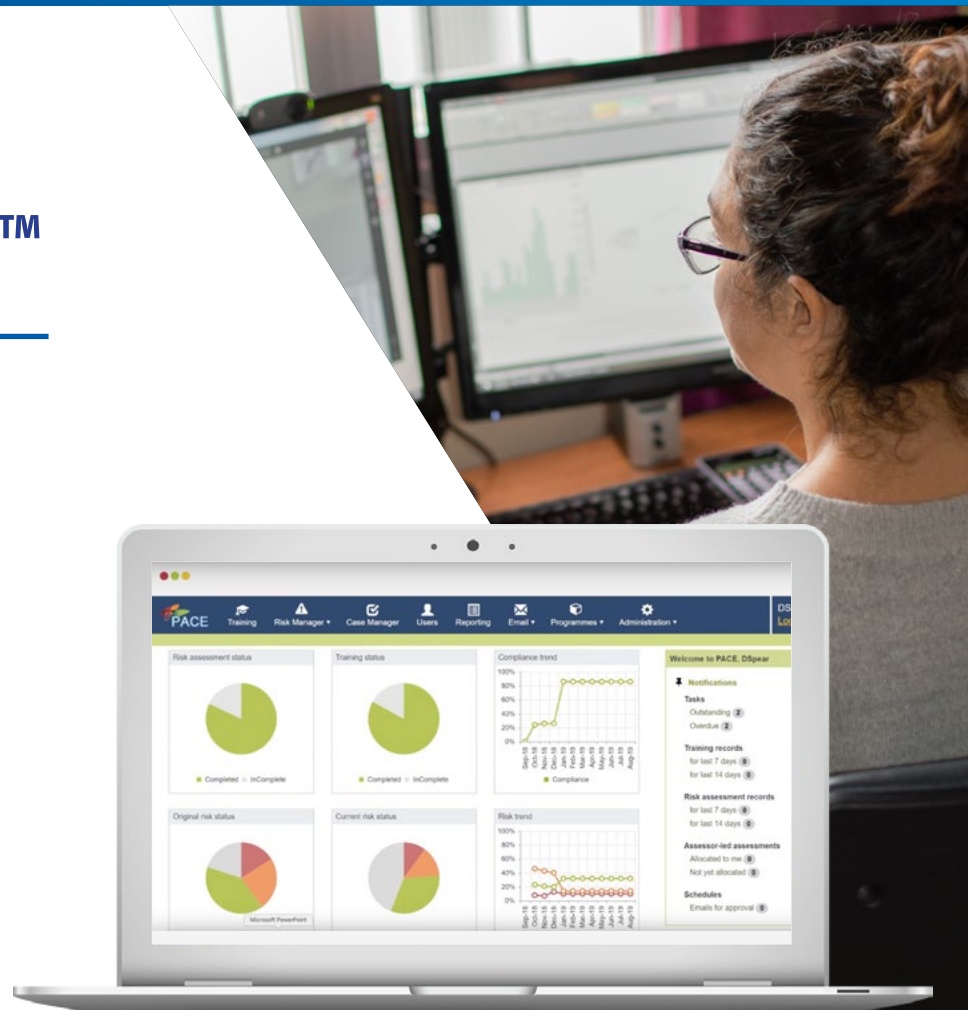
HEALTHYWORKING™

Employees working in office environments, from home, or in other remote work situations don't always have the advantages that come with ergonomic workstations, and being outside of the office environment can lead to bad habits and potentially risky behaviors.

HealthyWorking powered by Cardinus, our desktop self-assessment/self-correction ergonomics software, can be adapted to help employees working from the office and offsite avoid repetitive strain injuries or musculoskeletal disorders that result from poor posture. Regular reminders and quick training exercises can reinforce best practices and keep employees engaged with their safety, even while away from the office.

- Helps employees address the sources of their discomfort or pain even when offsite
- Reduces risk of musculoskeletal injuries and RSIs
- Boosts employee engagement with their safety and productivity
- Reporting tools allow employers to address those with the highest risk and monitor improvements being made

Trusted by over 1,000 organizations worldwide, including Fortune 500 companies.



Up to 60% of your risk will be resolved at this stage.

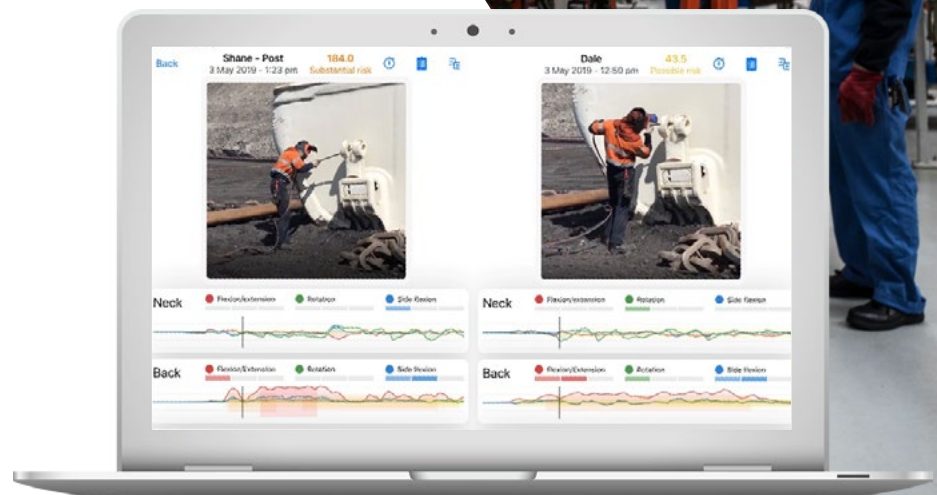
HEALTHYWORKING™ PRO

HealthyWorking Pro is a software-based ergonomic assessment platform built to help ergonomists create detailed workplace evaluations at the worker, task, or job function level. Designed to streamline the process of executing reliable ergonomic assessments, HealthyWorking Pro can be packaged with cutting-edge scanning and sensor tech to provide expert analysis of key safety indicators so that safety managers can make informed decisions for their worksites and employees.

HealthyWorking Pro provides a wealth of information while filling the knowledge gaps sometimes left by traditional ergonomic assessments. Safety teams without a dedicated ergonomist on staff can integrate the software into their plans for ergonomic evaluations. Its multi-perspective analytical tools, which include 21 globally recognized assessment solutions, make it simple for employers to generate rich ergonomic data profiles on employees and worksite elements in a matter of hours.

Benefits of DORN HealthyWorking Pro:

- Execute fully realized ergonomic reports with detailed data on all levels of the workplace without hiring a full-time ergonomist
- Connect with and evaluate virtual and other off-site workers using convenient web-based functionality
- Generate video, images, and sensor data that can be used to inform improvements and eliminate risk



Safety managers using HealthyWorking Pro can enhance its benefits by upgrading to service packages featuring sensor technology and computer-based imaging that provide greater analytical detail on work functions, exertion levels, movement demands, and more.

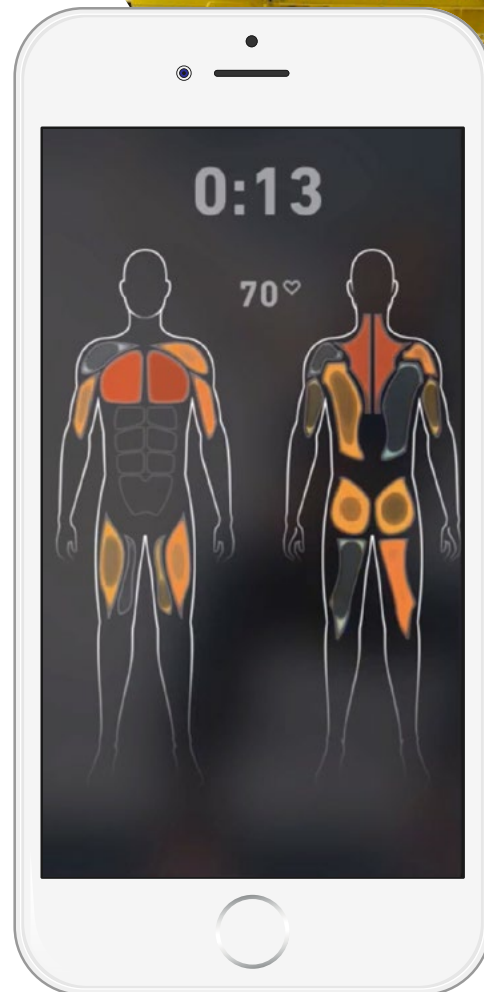
BIO-ERGO WEARABLE DEVICES

DORN's wearable technology, powered by HFit, allows you to build a deep understanding of your workforce and the risks they face each day. Sensor-embedded work suits provide insights into worker performance that cannot be obtained through traditional observation, while also providing real-time updates to inform effective interventions.

- Helps you develop a detailed profile of your workforce to be used as a roadmap toward improvements
- Real-time data collection pinpoints risky tasks and dangerous behaviors
- Simple to implement and operate with minimal intrusion or change to daily routine

30
minutes

Capture cumulative trauma risk while workers perform their normal job duties in as little as 30 minutes.



Overexertion injuries account for approximately 25% of all injuries in the U.S. workplace.

ALERTMETER

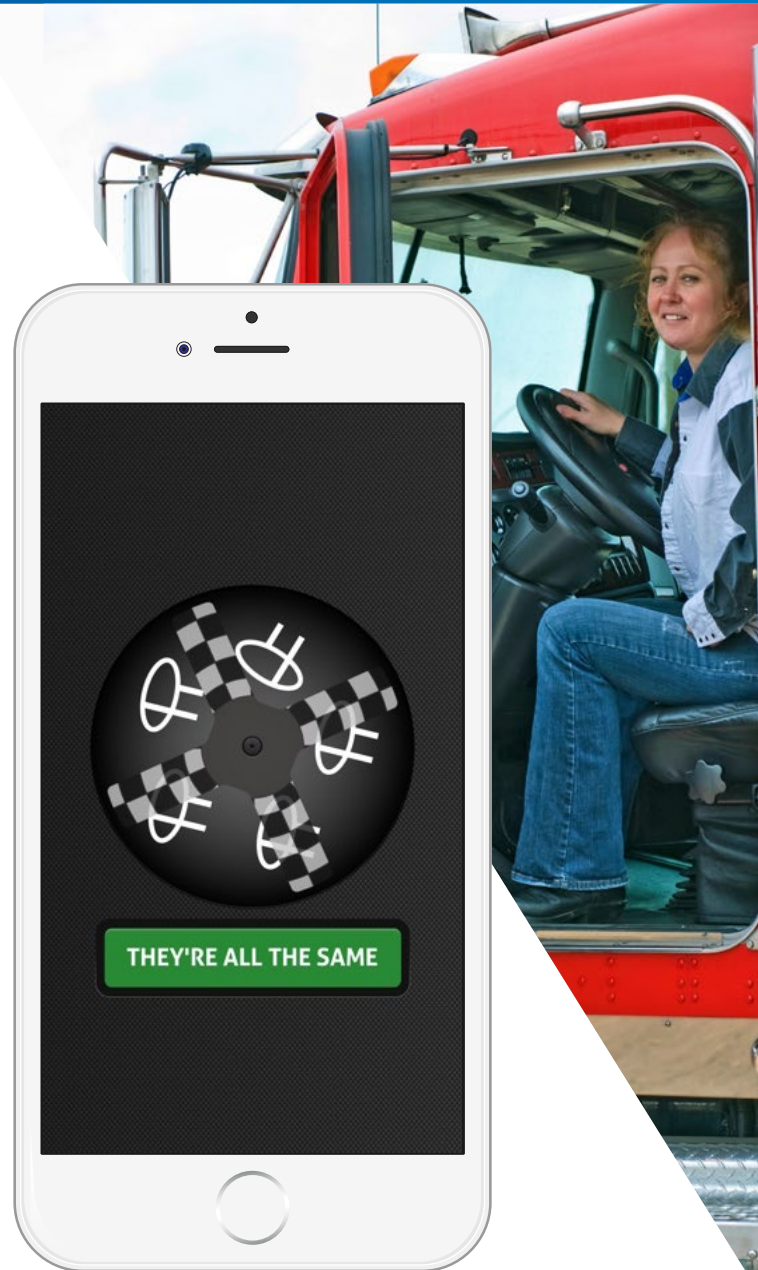
Fatigue is a problem that plagues employees and employers no matter where workers are based. AlertMeter, as part of a package of virtual predictive safety solutions, offers real-time fatigue identification by monitoring employees' alertness levels throughout the day.

Workers operating in plants, offsite employees, or drivers on the road can connect with AlertMeter on their smartphones (Mac iOS or Android), delivering fatigue data through simple a graphical interface.

- Offers comprehensive fatigue data across the workforce, highlighting at-risk employees to target for improvement
- Remote access for managers to monitor fatigue and alertness indicators in real time
- Helps prevent fatigue-related injuries and presenteeism, boosting employee wellness and productivity

3x

Injuries occur over three times more often to workers who sleep less than 5 hours per night.



Fatigue costs \$1,200 to \$3,100 per employee annually in lost productivity (National Safety Council).

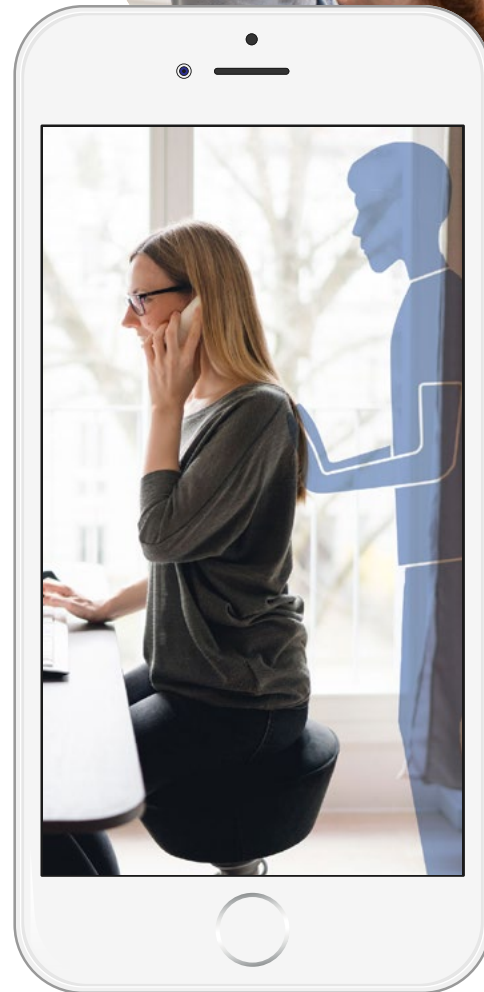
VIRTUAL HOME AND ON-SITE OFFICE ERGONOMIC EVALUATION

DORN's virtual ergonomic evaluation brings the expertise of a certified ergonomist to your worksite or employees' home offices without the need for in-person interaction. Offering personalized guidance based on each worker's needs, our specialists connect directly with your employees to set up an ergonomically safe workspace. Providers tackle every facet of the workstation, using live video conferencing technology to observe the workspace and determine the ideal height and arrangement of seating and work surfaces.

Through assessments of just 30 to 60 minutes, workers receive real-time instruction to help them set up a safe workspace at home and address proper body mechanics, posture, and strategies for minimizing pain and injury risk.

Benefits of Virtual Ergonomic Evaluations:

- Reduces pain, discomfort, and injury risk from poor posture and lack of ergonomic standards in home offices
- Targets risk factors for musculoskeletal and repetitive strain injuries
- Reinforces best practices and proper body mechanics without introducing person-to-person interaction
- Boosts productivity and morale among employees who may be disconnected from the organization as a result of working from home
- Provides written post-assessment report to help you implement safety improvements on a wider scale



**30-60
minutes**

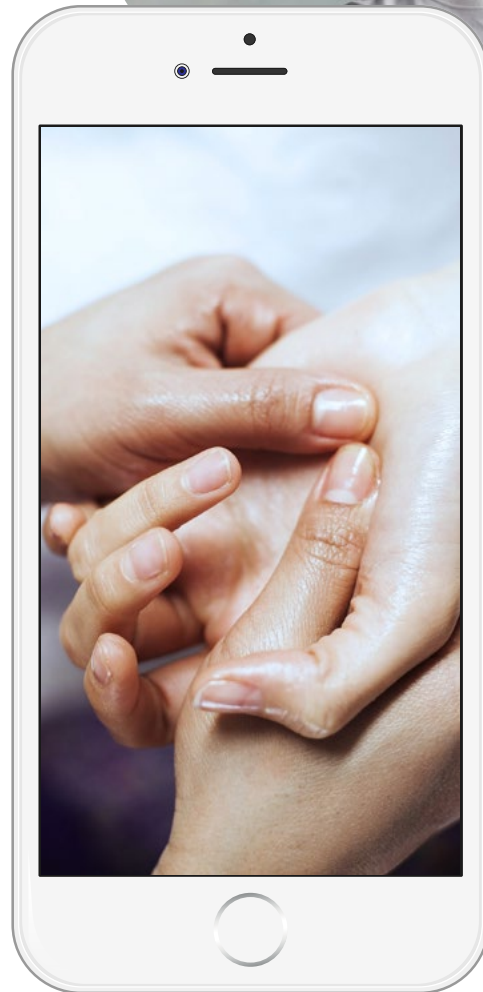
VIRTUAL SELF-CARE MASSAGE TRAINING

DORN's Virtual Self-Care Massage Training empowers your workers with the knowledge and technique to care for their bodies when access to other wellness services is limited.

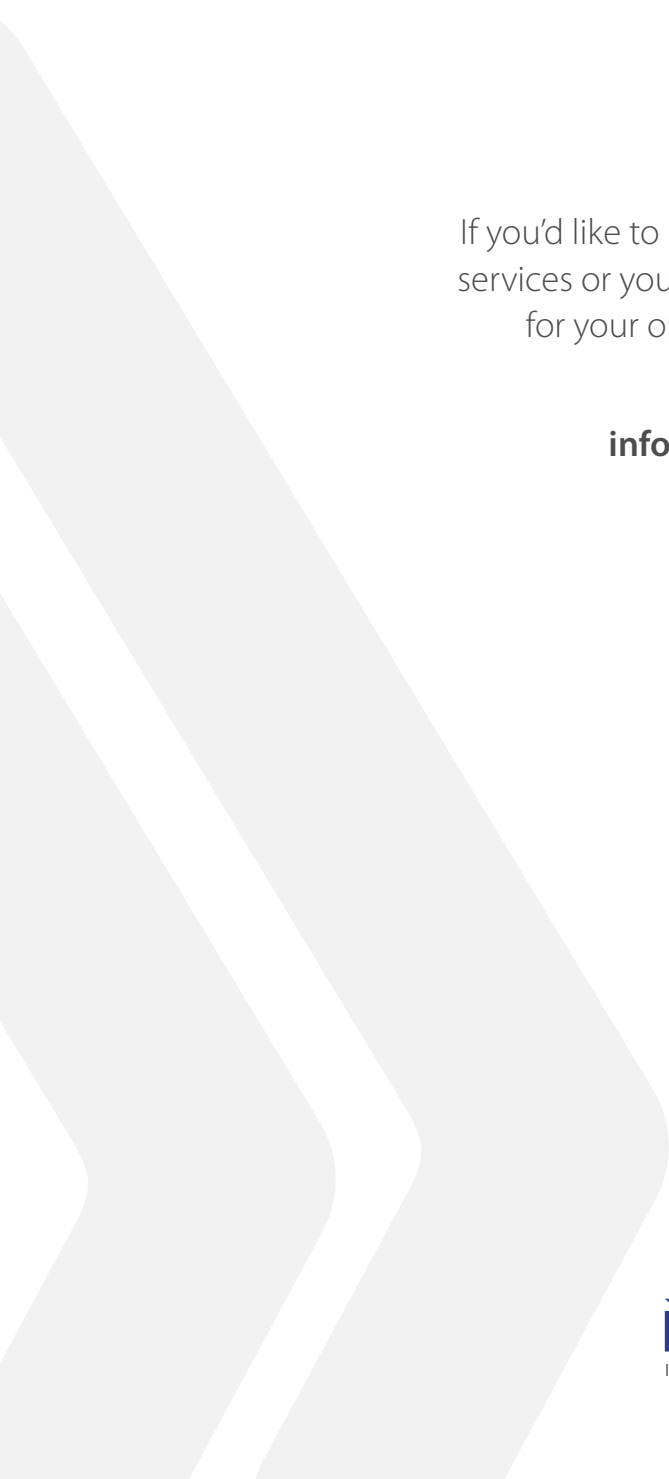
Through short video call sessions conducted via videoconferencing software like Skype or Zoom, DORN specialists provide one-on-one instruction in a detailed range of self-care techniques designed to massage sore muscles and joints, relieve pain and promote effective work practices.

Benefits of DORN Virtual Self-Care Massage Training:

- Help employees address their own pain and discomfort before injuries or MSDs occur
- Improve focus and productivity with simple, easy-to-follow self-care techniques
- Connect with home-based employees to reinforce wellness practices



Contact DORN Companies to bring
Virtual Self-Care Massage Training
to your employees today.



If you'd like to learn more about our virtual safety services or you're interested in seeing a full demo for your organization, please contact us:

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