

VIRTUAL HOME AND ON-SITE OFFICE ERGONOMIC EVALUATION

More employees are working from home offices than ever before, keeping businesses running even when on-site work is impossible. Even those still working from the office may be doing so under increased stress and pressure. But without proper ergonomic practices in place, home-based employees, particularly those who typically work in office environments, face increased risk of chronic pain, fatigue, and musculoskeletal disorders. Adjusting to a new workstation equipment outside the usual work environment can introduce both mental and physical stressors that employees may not be prepared to handle.

DORN's virtual ergonomic evaluation brings the expertise of a certified ergonomist to your worksite or employees' home offices without the need for in-person interaction. Offering personalized guidance based on each worker's needs, our specialists connect directly with your employees to set up an ergonomically safe workspace. Providers tackle every facet of the workstation, using live video conferencing technology to observe the workspace and determine the ideal height and arrangement of seating and work surfaces. Through assessments of just 30 to 60 minutes, workers receive real-time instruction to help them set up a safe workspace at home and address proper body mechanics, posture, and strategies for minimizing pain and injury risk.

Benefits of Virtual Ergonomic Evaluations

- Reduces pain, discomfort, and injury risk from poor posture and lack of ergonomic standards in home offices
- Targets risk factors for musculoskeletal and repetitive strain injuries
- Reinforces best practices and proper body mechanics without introducing person-to-person interaction
- Boosts productivity and morale among employees who may be disconnected from the organization as a result of working from home
- Provides written post-assessment report to help you implement safety improvements on a wider scale



About DORN Companies

For nearly 20 years, DORN has led the cutting edge of workplace safety solutions, offering holistic, proactive strategies to help organizations in all sectors reduce injuries, cut costs, and boost productivity. With a whole-person approach to safety that evaluates Body, Behavior, and Environment, DORN deploys custom-built solutions based on trusted science and the expertise of a nationwide team of workplace safety specialists. Whether through ergonomic assessments, PainFree treatments, biomechanics programs, technology solutions or coaching and training, DORN solutions significantly enhance organizational efficiency and employee effectiveness while improving the overall culture of the organization. With an annual ROI of nearly 600% and a reach of over 100,000 employees, we have saved employers over \$100 million in workers' compensation and healthcare claims and costs.

Contact us to learn more:

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