

## ERGONOMIC SOLUTIONS

Every day at workplaces across the country and around the world, workers suffer injuries and debilitating symptoms that are both costly to their employers and entirely preventable with simple ergonomic adjustments. Many workers face challenges in their work environment from outdated tools and workstations, along with the regular push, pull, lift, and bend motions that over time can lead to chronic pain or injury if performed without proper ergonomic training.

That's why DORN has developed a suite of ergonomic services aimed at retooling the work environment and addressing the hazards that lead to the most common ergonomic injuries, which include musculoskeletal disorders like sprains and strains, repetitive motion injuries like tendonitis and carpal tunnel syndrome, and chronic pain, which by itself costs employers some \$635 billion each year. Understanding the ergonomic conditions of your worksite and the risks faced by your employees each day helps to shape your overall safety strategy and provide guidance for future investment in safety solutions.

### Services Included:

#### □ ERGOLite Assessment:

A high-level review of a department, facility, or worksite, our ERGOLite assessments provide a thorough evaluation of the work environment and the tasks being performed by employees, identifying potential hazards before they can cause injuries. The review highlights risk factors including outdated equipment, dangerous task design, and common poor techniques shared by workers, creating a roadmap toward safety improvements across your organization.

#### □ Quantitative Evaluations:

Bringing the ergonomic review down to the individual level, a quantitative assessment includes analysis of each workstation at your site, down to the specific tasks performed by each worker. This process includes photo and video review and collection of detailed data on injury causation, exertion levels, and biomechanical factors, all of which can inform a more proactive and tailored safety program for workers at risk of ergonomic pain and injury.

#### □ Bio-Ergonomic Wearable Technology:

Part of our holistic suite of technology-based safety solutions, DORN's wearable technology provides real-time data and analysis of worker behavior, including force expended by individual muscle groups, creating a detailed picture of the work done by each employee and identifying risk factors for injury and fatigue as they occur throughout the shift.

#### □ Healthy Working Desktop Ergonomics:

Healthy Working is a proactive software-based safety solution that provides ergonomic training for employees without taking them away from the job for extended periods. Empower workers with the knowledge they need to take care of their health and avoid injuries at work.



### About DORN Companies

For nearly 20 years, DORN has led the cutting edge of workplace safety solutions, offering holistic, proactive strategies to help organizations in all sectors reduce injuries, cut costs, and boost productivity. With a whole-person approach to safety that evaluates Body, Behavior, and Environment, DORN deploys custom-built solutions based on trusted science and the expertise of a nationwide team of workplace safety specialists. Whether through ergonomic assessments, PainFree treatments, biomechanics programs, technology solutions or coaching and training, DORN solutions significantly enhance organizational efficiency and employee effectiveness while improving the overall culture of the organization. With an annual ROI of nearly 600% and a reach of over 40,000 employees, we have saved employers over \$100 million in workers' compensation and healthcare claims and costs.

### Empowerment through Education & Engagement

Contact us to learn more:

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