

RETURN-TO-WORK SERVICES

When the unfortunate happens and a worker suffers an injury on the job, the most important task for employers following the claim and treatment process is helping the employee get back to work. Utilizing our nationwide network of manual therapy specialists, DORN provides support throughout all stages of the return-to-work process, from pain management and mobility training to work hardening and conditioning. Like all DORN services, our return-to-work solutions are custom-tailored to the specific needs of each worker, minimizing the need for prescription medication after an injury and reducing the possibility of presenteeism, fatigue, and extended absences.



Pain Management

Chronic pain is a major driver of costs for employers, spurring expenditures over \$600 billion each year. With opioid abuse rising across the country, it's more important than ever to ensure that every worker has a clear path back to their job—and that they feel comfortable and capable when they return. Using on-site therapies and one-on-one coaching, our specialists help workers deal with the pain that follows an injury to minimize the need for medication and keep workers engaged and productive.



Mobility Training

Flexibility and range of motion are key components of the science of biomechanics, which DORN deploys as a solution to chronic pain and workplace injuries for workers in a variety of settings. Utilizing the latest fitness data and innovative mobility techniques, we provide in-person support for injured workers, working to improve the employee's joint and muscular health and strength with the goal of limiting time away from work and reducing the possibility of future injuries.



Work Hardening

DORN specialists are uniquely equipped to help workers progressively resume normal function, thanks to decades of experience in muscular health, biomechanics, and preventative therapy. Using techniques adapted to the specific job tasks expected of each worker, we focus on safe, rapid strengthening and retraining so that employees will be prepared to come back to work quickly, equipped to handle the risks of the workplace.



About DORN Companies

For nearly 20 years, DORN has led the cutting edge of workplace safety solutions, offering holistic, proactive strategies to help organizations in all sectors reduce injuries, cut costs, and boost productivity. With a whole-person approach to safety that evaluates Body, Behavior, and Environment, DORN deploys custom-built solutions based on trusted science and the expertise of a nationwide team of workplace safety specialists. Whether through ergonomic assessments, PainFree treatments, biomechanics programs, technology solutions or coaching and training, DORN solutions significantly enhance organizational efficiency and employee effectiveness while improving the overall culture of the organization. With an annual ROI of nearly 600% and a reach of over 40,000 employees, we have saved employers over \$100 million in workers' compensation and healthcare claims and costs.

Contact us to learn more:

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